

Registered number: 03688825
Charity numbers: 1076478 and SC041055

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 30 JUNE 2016**

Trustees

Julia Davenport, Chair
Alexandra Holden (resigned 23 January 2016)
Jo O'Driscoll
Anna Varela-Raynes
Tim Dulley
Rachel Barber
Susan Sinclair
Richard Nunn (resigned 14 November 2015)
Krista Pound, Treasurer
Caroline Hukins (resigned 17 September 2016)
Nicola Jackson
Michelle Hulme
Gillian Jones (appointed 14 November 2015)

Company registered number

03688825

Charity registered numbers

1076478 and SC041055

Registered office

The Manor House
Manor Park
Church Hill
Aldershot
Hampshire
GU12 4JU

Company secretary

Keith Reed

Chief executive

Keith Reed

Independent auditors

Wise & Co
Chartered Accountants & Statutory Auditors
Wey Court West
Union Road
Farnham
Surrey
GU9 7PT

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 30 JUNE 2016**

Advisers (continued)

Bankers

National Westminster Bank Plc
151 High Street
Guildford
GU1 3AH

HSBC Bank plc
6 Commercial Way
Woking
Surrey
GU21 1EZ

The Co-operative Bank plc
PO Box 250
Skelmersdale
WN8 6WT

CCLA Investment Management Ltd
Senator House
85 Queen Victoria Street
London
EC4V 4ET

Scottish Widows Bank plc
PO Box 12757
67 Morrison Street
Edinburgh
EH3 8YJ

Virgin Money plc
Jubilee House
Gosforth
Newcastle upon Tyne
NE3 4PL

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
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TRUSTEES' REPORT
FOR THE YEAR ENDED 30 JUNE 2016

The Trustees, who are also directors of the Charity for the purposes of the Companies Act, submit their annual report and the audited financial statements of TAMBA, Twins and Multiple Births Association (the Company) for the year ended 30 June 2016. The Trustees confirm that the annual report and financial statements of the Company comply with current statutory requirements, the requirements of the Company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)).

This report is intended to reflect our values, which are set out below. We want it to be a clear and honest assessment of what we do, why we do it and how we are getting on. We want it to be easy to understand how we raise funds, how we spend them, what we have learned and what we plan to do in the future. Finally, we confirm that TAMBA is a going concern with clear plans of how best to undertake our future work.

Since the Company qualifies as small under section 383, the strategic report required of medium and large companies under The Companies Act 2006 (Strategic Report and Director's Report) Regulations 2013 is not required.

OBJECTIVES AND ACTIVITIES

This was the second year of TAMBA's new strategic plan, which sets out our priorities for 2015-2017. The plan includes our:

VISION

TAMBA wants all families with twins, triplets or more to be happy and healthy.

MISSION

TAMBA is the only UK-wide charity working to improve the lives of twins, triplets or more, and their families. We do this through campaigning to improve health, wellbeing and developmental outcomes; funding clinical research to reduce the risks faced before, during and after birth; and by providing practical support and information for all families, including those in crisis.

OUR VALUES

All involved with TAMBA commit to the following values. We seek to be; mutually supportive to our families and colleagues, trustworthy and transparent in our actions and decision making, celebrate individuality and diversity, commit to understanding the challenges we face through research and knowledge sharing, and consistent and proactive in our work.

STRATEGIES FOR ACHIEVING OUR MISSION

During the strategic planning process we used a detailed needs assessment of our families, based on published research during the preceding five years. By using this evidence and gathering detailed supporter feedback, Trustees identified the following strategies to achieve our mission. These include:

- Improving the clinical outcomes for multiple pregnancies,
- Providing more support to all parents of multiples during pregnancy,
- Providing more support to all parents of multiples and to those who support them during the early days, weeks & months,
- Providing more support to all parents of multiples in the early years,
- Provide more practical support to parents in the greatest need.

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TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 30 JUNE 2016

ACHIEVEMENTS AND PERFORMANCE

Summary

The Trustees have regard to the Charity Commission's guidance on public benefit and this report will show that we supported more people during the past twelve months than in previous years. We produced new services and resources, continued with a major clinical research programme, participated fully in two national reviews of maternity services and are undertaking a unique project to drive up standards in maternity units, along with continuing to improve our existing services. We have also increased our supporter and financial base, and expanded our core staff team.

We are very grateful to everyone who has supported us financially, practically either by volunteering their time or services in kind, or by recommending our work to others who would benefit from our services.

A video round up of what we have done and why is available at www.tamba.org.uk/end-of-year-film. You can also keep updated on TAMBA's work via Facebook and twitter.

Lessons from the year

We have made great strides in influencing policy makers, encouraging and supporting clinical research and raising awareness of the needs of our families among a range of audiences. We also continue to be successful in building our community of service users and supporters. Nevertheless, we still need to be mindful of planning in the resources required to deliver these programmes to ensure they are both sustainable and as successful as possible. Trustees continue to review the investment required in achieving these outcomes against the impact it will have on our strategic aims.

We stated last year that we wanted to better demonstrate the value and impact of our work and believe that this report is a step in the right direction. It is a source of great pride, to all involved, that our new and existing resources and services continue to have a demonstrable impact on our families.

TAMBA's YEAR IN NUMBERS

- 1,886,792 page views on our website, and 764,840 individual visits to www.tamba.org.uk, an annual increase of 15% and 11%, respectively,
- Over 170,000 free guides, handbooks, magazines, factsheets and videos were sent out, downloaded or watched (2014/15: 100,000),
- 17,168 families paid a subscription to be members of TAMBA, which is an increase of over 1,853 on the previous year,
- 12,824 multiple pregnancies in the UK (2014/15: 11,500),
- 4,768 participants received detailed support at a parenting class (2014/15: 3,443),
- 1,172 families received support via Twinline, our freephone helpline & online service (2014/15: 1,304*).

*The previous year's figure included an estimation of the number of families supported by our honorary consultant service and not just Twinline.

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TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 30 JUNE 2016

REVIEW OF ACTIVITIES 2016

The funds raised for and costs of providing these services and projects are outlined in note 18 on page 34 unless otherwise stated.

a. Existing Services

1. Parent Talks

i. Antenatal classes

We use midwives or antenatal teachers (in England) with an interest and specialist training in multiple pregnancies to deliver a full day antenatal class, for first time parents, which focuses on the journey from pregnancy to birth for multiple birth families. We also deliver a half day class for parents who already have one or more babies.

ii. Practical preparing for parenthood sessions

We have a team of multiple birth parents (England and Wales), who receive specialist training, to deliver a two hour talk on how to prepare for the practicalities of becoming a multiple birth parent. To enable more people to benefit from the class, we also deliver it in the form of a webinar via the internet (available UK wide). The charge for attending is kept deliberately low and exceptions are made for those who may not be able to afford it.

Reasoning behind the classes

Our UK wide research among maternity units found that less than a third provide multiple pregnancy related antenatal education. Independent research has found that our expectant and new parents experience higher levels of anxiety during pregnancy, birth and early days.

Outputs

696 parents attended an antenatal class (654 in 2014/15) and 2,458 participants attended a practical preparing for parenthood class (1,625 in 2014/15). This increase was noted despite growing provision from other providers along with us providing families with a wider choice of our own classes and resources from which to choose.

Outcomes

96% of participants rated the quality of the teaching and content of the antenatal class as 9 or 10 out of 10. 92% of practical preparing for parenthood attendees confirmed the sessions improved their knowledge of becoming a parent of multiples. 86% confirmed it reduced their stress and anxiety and 94% confirmed it boosted their confidence.

iii. Breastfeeding classes

We use trained breastfeeding counsellors and supporters to deliver breastfeeding more than one classes (in England) and webinars (UK).

Reasoning behind the classes

Research shows that fewer mums of twins are able to breastfeed and find it difficult to access the support they often need.

Outputs

433 participants took part in a class or a webinar (287 in 2014/15*).

Outcomes

100% of attendees confirmed it reduced their stress and anxiety around breastfeeding. 93% confirmed it has improved their knowledge and 98% felt better prepared.

*This figure is more accurate than in previous years, as they did not record partners participating in the webinars.

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TRUSTEES' REPORT (continued)
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iv. Parenting with Multiples in Mind Webinars

We updated our range of talks to cover starting school & school appeals, and then parenting challenges like developing individuality among children and behavioural difficulties across a range of ages.

Reasoning behind the webinars

Around 20% of our families experience difficulties in finding schools that are entirely suitable to their children's needs. Our families are also more likely to encounter behavioural or developmental issues and difficulties with family relationships.

Outputs

There were 423 participants who accessed the webinars (184 in 2014/15*).

*This figure is more accurate than in previous years, as they did not record partners participating in the webinars.

Outcomes

The content and quality of these new webinars has been really well received. They have also been shared with families for free who have contacted us with problems that can be addressed by the content. The qualitative feedback is they are a very useful tool for parents.

2. Support Services

i. Twinline & support groups

We have a trained team of volunteers who provide a freephone telephone listening support service open 10am-1pm and 7pm-10pm every day of the year (UK). They are organized by a coordinator who also manages email and social media requests to the service. We also have a bereavement support coordinator to oversee the work of the Bereavement Support Group.

Reasoning behind the service

Research shows that many of our parents find it difficult to access multiple birth related support and advice from friends, family or professionals. They face a range of unique issues that are addressed by our one parent family, higher order multiples, special needs and bereavement support groups.

Outputs

1,172 calls, emails and social media questions were answered by Twinline (1,052 in 2014/15*). The problems raised with us are becoming increasingly complex and the emotional needs of families seeking our help is greater. The number of minutes spent supporting families continues to grow. Our team are increasingly providing ongoing support and testing a coaching approach to helping families address their issues rather than providing one off temporary support. Our bereavement support team received 125 contacts for the year and 26 required one to one befriending support.

*In last year's report, we included the number of families that signed up to our bereavement support forum and who were helped by Twinline, which came to 1,304 in 2014/15.

Outcomes

80% of Twinline users confirmed that it had helped to reduce their levels of stress and anxiety and improved their knowledge of how to address the issues they raised. 87% felt more confident in their parenting abilities having used the service. Our bereavement support work is being reviewed as part of our plans to expand these services.

ii. Honorary consultants & peer supporters

We have a panel of experienced professionals who provide telephone and email support on a range of topics. We also have a team of NCT trained and supported breastfeeding peer supporters (UK). These are available free of charge.

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TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 30 JUNE 2016

Reasoning behind the services and groups

Our families face a range of unique issues and challenges that they find difficult to receive help and support with elsewhere.

Outputs

There were 151 referrals made during the course of the year. Due to staff changes last year, a direct comparison is unavailable. There were 196 contacts with the peer supporters (118 in 2014/15).

Outcomes

The consultants' service helped to reduce stress and anxiety in a majority of the cases they helped. 100% of families supported by the consultants' service would use it again and recommend it to others. 100% of peer supporter users were pleased with the service and would recommend the service to others.

iii. Resources

We provide a wide range of free publications to download and over 200 videos to watch on our website. We created a range of new webpages and factsheets to better prepare specific populations expecting more than one baby for example, same sex couples, triplet parents, and lone parents, and for partners themselves and for those who support them like grandparents. We produced the first online pregnancy countdown tool of its kind aimed at multiple birth parents so they can better understand what is happening to them and what their journey to parenthood may look like. This is complimented by an 'Ask the Midwife' webinar, in which a leading multiple birth specialist midwife addresses the most common issues of concern. We have also created new videos on babies sleeping, routines, coping with crying, and feeding. We have also invested in updating existing resources. All of these resources are free.

Reasoning for these resources

These resources aim to be preventative by preparing families to avoid some of the challenges they may face but also to signpost to further help should they get into difficulty.

Outputs

There were over 100,000 videos played during the past twelve months (46,600 in 2014/15). There were over 8,000 guides, factsheets and magazines downloaded (8,400 in 2014/15). The increase in videos reflects a growing use of this media as being the preferred method of obtaining information online.

Outcomes

All of those who used the webinar felt that it improved their knowledge and confidence of becoming a parent. 80% of pregnancy countdown users felt that it helped them and over 70% felt more confident about the journey ahead. 90% of respondents rated the factsheets highly.

3. Helping hands project

We have two paid nannies and a team of volunteer Norland Nannies (in England) who volunteer to provide practical hands on help in the home for families in severe difficulty. The families have to meet a range of criteria to qualify for help. The process is overseen by a project coordinator.

Reasoning behind the service

Many of our families experience severe difficulty, which requires short term help to avoid becoming a crisis. We were approached by families and professionals alike who had sought all other forms of voluntary and state support without success.

Outputs

61 families were supported by the service (66 in 2014/15) during the year, receiving over 1,968 hours of support in the home (1,600 in 2014/15*).

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*This figure includes part funding for a nanny employed directly by a family in need. They received 1,080 hours of support during the course of the year.

Outcomes

Most commonly families asked for help with addressing problems with their children's behaviour, feeding or weaning issues, establishing routines, getting out and about, sleep patterns and general parental stress. To be eligible, families have to be in crisis and this was often caused by either mental or physical illness in one or more family members. In the hardest cases, this could be a parent suffering from a long term degenerative or terminal illness, or severe mental illness, or bereavement of a loved one. The families reported making progress in tackling their problems with between 20-60% self-reporting making very sufficient progress depending on the challenges they faced. They all reported that the service had improved their parenting confidence. In the majority of cases, support could be withdrawn either because families' had become more able to manage by themselves, or the problems were resolved or by exception external support was found.

4. Activities in Scotland

We have concentrated on working in partnership with the largest hospitals in Scotland to deliver our Preparing for Parenthood courses. These are now embedded in 6 hospitals. 372 Scottish parents attended one of these classes (393 in 2014/15). We also ran four one day antenatal sessions, which attracted 132 attendees (60 in 2014/15). These are delivered by a specialist multiple pregnancy midwife.

We have also been working with maternity professionals to provide a Continuing Professional Development (CPD) course. The first of its kind was delivered in Glasgow and attended by 85 health professionals predominantly with a midwifery background. The day was recorded to allow us to rerun it online.

We have undertaken a maternity and neonatal engagement programme targeting the best performing units and networks to understand how they sustain their work. We are using this information to help other areas improve what they do.

We have also taken a very active role in the national review of maternity and neonatal services highlighting our concerns via a joint report with the NCT and by placing stories in the media.

Impact

The impact of our classes is very similar to those held in England and Wales. The feedback from the CPD session was very strong and we will use it to develop future resources.

5. Activities in Northern Ireland

Our Preparing for Parenthood classes were delivered directly to 6 maternity units at least four times a year to 378 parents (estimated to reach around 200 parents in 2014/15). We continued to deliver an all-day antenatal session with 20 parents participating and providing positive feedback.

We have continued to support a Health Visitor (HV) for multiple birth families in the Southern Trust area. She provides information and advice via email, phone, or home visits to families and supports fellow professionals too. There have been 120 referrals to the service since it started in April 2014. The HV has also held six baby massage sessions for harder to reach families.

We provided expert input into a midwifery training programme at Queens' University, Belfast, and were involved in the Southern Board Maternity Liaison Committee. We met regularly with maternity units and health visiting teams to ensure their services better met the needs of our families.

Looking towards our antenatal care, we are heavily involved with the implementation of the NICE guidelines within Northern Ireland and we are working closely with the Public Health Agency to establish Twins Clinics in all the major hospitals within Northern Ireland.

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TRUSTEES' REPORT (continued)
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Impact

The response to our classes is similar to those held elsewhere. The feedback for the HV service shows that the service is well received among parents and health professionals alike.

6. Communications (This work is paid for from our unrestricted general fund, Note 10 to the Financial Statements).

Our significantly updated website continues to drive some excellent results both in terms of the audience we reach and the amount of resources and services our families are using. We continue to use a very focused media engagement strategy which predominantly underpins our policy and clinical research objectives. The estimated advertising cost of this coverage was £251,575. Our policy campaigns were supported by a strong engagement programme. Our joint submission with the NCT to the national maternity review in England concluded with the needs of our families explicitly being recognized in the final report entitled Better Births. Once the report was published, we were invited to sit on the national maternity transformation council which will direct how the changes are taken forward over the next five years. As reported above, the team also supported our work engaging with the Scottish maternity and neonatal review too. The results are expected to be published shortly.

7. Fundraising & membership (This work is predominantly paid for from our unrestricted general fund, with the exception of £2,284 of restricted fundraising costs (See note 10 to the Financial Statements for details).

Our strategy of investing resources in submitting big bids aligned to our strategic objectives proved successful. The Department of Health confirmed that they would support our Quality Improvement programme, which is outlined in more detail below. The team are rightly proud of their achievements, which included expanding the majority of income streams across the board and enabled us to invest even more in our clinical research programme. This is explained more fully below too.

The membership team began to implement an expanded discount scheme and the benefits have already been seen in helping to sign up even more new members. The objective is to provide members with even more value for membership so they remain with us for longer and this is just beginning to bear fruit. It is too early to confirm if this will be the long term trend but we are proud to confirm that our membership base has grown for the ninth successive year.

It should be noted that we do not buy or sell supporter lists for our fundraising or membership activities. We only occasionally use a telephone marketing company to contact lapsed members and we closely monitor the quality of their work.

b. New projects and services

In order to further compliment the strategies identified to achieve our mission, we have undertaken the following new projects during the course of the current strategic plan.

8. Setting up a Twin to Twin Transfusion Syndrome Registry

We partnered with a number of fetal medicine units and experts from across the UK to create a registry to record cases and treatments for Twin to Twin Transfusion Syndrome (TTTS).

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TRUSTEES' REPORT (continued)
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Reasoning for this project

Twin to Twin Transfusion Syndrome (TTTS) is a rare but life-threatening condition that affects 10 to 15 percent of identical twins that share a placenta (monochorionic twins). TTTS can also occur in triplet or higher order pregnancies with monochorionic twins. If untreated, 90 percent of babies are likely to die. Even with treatment, 50 percent of surviving babies are likely to be disabled or have a long term condition.

Currently there is too little research conducted looking at the most effective treatments for TTTS in the short or longer term. There is no comprehensive outcome data collected and published in the UK, so doctors cannot compare what is working best and why. There are also no longer term follow ups to understand the longer term consequences of individual treatments. That is why we have partnered with St George's hospital and other fetal medicine centers throughout the UK to set up a UK-wide registry of all TTTS pregnancies, their treatments and outcomes.

Outcomes

The UK's first TTTS registry is now in place and has been launched. Records of some of the highest risk pregnancies are now being collected centrally. The steering group has successfully bid for and received funding to study the long term outcomes for these high risk groups.

9. Implementing a Clinical Research Programme

We are collaborating with researchers on a range of externally funded clinical research projects. This was the first year of our agreement with the British Maternal Fetal Medicine Society (BMFMS) to co-sponsor a clinical research programme aimed at completing the research priorities identified by an expert panel during the production of the NICE multiple pregnancy guidance in 2011. Due to the success of our fundraising efforts we were able to commit £40,000 towards the joint costs of £60,000 for sponsoring three pieces of research (see note 18). This was £20,000 higher than we had originally budgeted. More details of our collaborations and our partnership with the BMFMS are available on our website.

Reasoning for this project

Multiple pregnancies account for only 3% of all births in the UK but make up 7% of still births and 14% of neonatal deaths. When a list of priority research projects was identified by the RCOG in early 2000 many were never undertaken. The objective of this research is to promote interest among professionals and to fill in the clinical knowledge gaps.

Outcomes

Apart from commissioning three excellent pieces of research, we also noted an increase in BMFMS members submitting multiple pregnancy related articles for their annual conference. It increased from none last year to nine this year. All were published in the BJOG periodical.

10. Maternity Unit Quality Improvement Programme – part of the Department of Health's Innovation, Excellence and Strategic Development (IESD) scheme

We undertook a survey among parents to identify which units in the UK were implementing the latest clinical guidance for multiple pregnancies. We also employed a project worker to help us collect published data and to compile a range of indices to prioritize which units required improvement. The information was used to design a groundbreaking quality improvement programme targeting 37 maternity units, where the data suggests they are in need of improvement. We submitted the programme to the Department of Health and are delighted to confirm they have agreed to fund the project. This funding and related expenditure are detailed on page 32 (note 15) and on page 34 (note 18).

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Reasoning for the project

Only between 10-18% of units currently comply with the NICE multiple pregnancy guidance. Research has been published that shows if followed, it should reduce stillbirths, neonatal deaths and reduce term neonatal admissions and cesarean sections. Furthermore, parental experiences of care should also greatly improve. Our independent data analysis also confirms that this improvement in outcomes should be notable. This is the first national quality improvement programme focused on embedding good clinical care by targeting teams most in need of support. If successful, it can be applied across a range of clinical settings.

Outputs

We have a target list of units to engage with to seek urgent improvements and have begun assembling a strong team to undertake the work. Our project plan has been refined and a national steering group consisting of leading experts in maternity care assembled. We will begin engaging with the target units early in the new financial year.

c. Plans for future periods

Aside from our existing services, Trustees have agreed to take forward the following projects over the coming year. These include:

- Delivering the partnership with the BMFMS and ongoing support for the TTTS registry,
- Expanding our efforts to embed good practice in maternity units,
- Providing more support to all parents of multiples in the early days, weeks and months by creating new resources and services,
- Continuing to support the Health Visitor project in Northern Ireland,
- Providing more support to parents in greatest need by expanding the Helping Hands project.

FINANCIAL REVIEW

a. Investment policy and performance

The Trustees, having regard to the liquidity requirements of operating TAMBA's services and to the reserves policy, have operated a policy of keeping available funds in interest bearing deposit accounts. The funds held on deposit achieved an average interest rate of 0.7% over the year.

b. Reserves policy

In determining the reserves policy of the Charity, the Trustees have considered the level of operating expenses required. It is the Trustees intention to maintain unrestricted and undesignated reserves equivalent to at least 4 months running expenses and it reviews this position at every meeting. At the year end the unrestricted and undesignated reserves balances stood at £197,681. This equates to approximately 5 months running costs.

c. Principal funding

At present the Charity's principal funding comes from the increasing level of membership subscriptions, donations and associated gift aid. In addition TAMBA has been in receipt of a key grant over this period from the Department of Health, Social Services and Public Safety (Northern Ireland) of £13,125.

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d. Staff salaries

TAMBA uses the NJC salary scales to benchmark against job descriptions. All staff, including the Chief Executive, are subject to a formal appraisal process.

Trustees use a mixture of performance, industry and third sector pay settlement indicators and the overall financial health of the Charity to determine if an annual cost of living rise is appropriate. A 2% rise was agreed this year. As shown in Note 12 to the Financial Statements, the Chief Executive was the only member of staff paid £60,000 or more. The senior management team comprising of five departmental managers were paid a cumulative total of £163,925 over the course of the year. We had 12.8 full time equivalent members of staff over the course of the year (11.1 in 2014/15).

STRUCTURE, GOVERNANCE AND MANAGEMENT

a. Constitution

The Company is registered as a charitable company limited by guarantee (03688825) and was set up by a Memorandum of Association on 24 December 1998.

The Company is constituted under a Memorandum of Association and is a registered Charity in England and Wales (1076478) and in Scotland (SC041055). These Articles and Memorandum of Association were updated and passed at our AGM in November 2014.

The principal objects of the Company are still to protect and promote the health and wellbeing of multiple birth families.

b. Method of appointment or election of Trustees

The management of the Company is the responsibility of the Trustees who can be co-opted at any time by the Board of Trustees. There can be a maximum of fourteen and a minimum of six Trustees at any one time. No member can serve on the board for a period of more than six consecutive years without seeking the approval of fellow Trustees. Trustees are recruited to help fill particular skills requirements, which the Board has identified in a skills audit. This is to ensure a broad range of strengths and experiences and is reviewed regularly.

c. Policies adopted for the induction and training of Trustees

Members of TAMBA are invited to seek nomination as Trustees via the members' quarterly magazine "Multiple Matters", email, social media and via the website. Most new Trustees are already familiar with the practical work of the Charity, having personally been members or used TAMBA's services. New Trustees are invited to observe a board meeting before seeking election or appointment. An induction pack is provided consisting of a Code of Conduct, role description, a copy of the Charity Commission publication 'The Essential Trustee: what you need to know', the strategic plan, latest financial information and a copy of the Memorandum and Articles of Association. Trustees are encouraged to visit the office and meet the staff team, meet other volunteers as well as undertake appropriate training.

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TRUSTEES' REPORT (continued)
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d. Organisational structure and decision making

The Board of Trustees administers the Charity and is responsible for the strategic direction and policy of the Charity. The Board meets up to five times a year and the officers hold interim telephone conferences for key decisions. Trustees have arranged themselves into subgroups to enable more detailed consideration of specific issues between meetings. A Chief Executive is appointed by the Trustees to manage the day-to-day operations of the Charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the Trustees, for operational matters, including finance, employment and provision of services. The Chief Executive also acts as Company Secretary and attends board meetings.

e. Related party relationships

In so far as it is complementary to the Charity's objectives, the Charity is guided by both local and national policy. TAMBA has connections with a UK wide network of local clubs; these are not dependent branches but members of the Charity that are supported with appropriate information and guidance on the conduct of local community groups. The Charity also actively works in partnership with other organizations to fulfill its objectives.

f. Risk management

The Trustees have a risk management strategy which includes a review of the top risks the Charity may face at each Board meeting and these include safeguarding, IT security, budgetary controls and reporting, dependency on income sources and loss of revenue. This is in addition to a much fuller annual review. As part of the ongoing review process, Trustees are satisfied that systems and procedures are in place to mitigate the Charity's exposure to the major risks. This includes steps to strengthen and protect the future financial performance of the charity. Trustees are also recruited to the Board with a background in relevant areas of identified risk.

COMMITMENTS

We have a long term lease at our current address The Manor House, Manor Park, Church Hill, Aldershot GU12 4JU.

TRUSTEES' LIABILITY

All the Trustees are members of the Company. As the Company is limited by guarantee and has no share capital, the financial interest of each Trustee is limited to a £1 guarantee.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 30 JUNE 2016

SUPPORT

We received financial support from the following corporate and charitable organizations over the course of the year. Our thanks to:

Abbvie, Awards for All England, Awards for All Scotland, Broyst Foundation, Critchley Charitable Trust, David and Claudia Harding Foundation, Department of Health Innovation Excellence and Strategic Development Fund, Garfield Weston Foundation, Hospital Saturday Fund, James Beattie Charitable Trust, James Tudor Foundation, Langtree Trust, Morrck, Norman Family Charitable Trust, Northwick Trust, Paul Bassham Charitable Trust, Pilkington Charities Fund, Roger Vere Foundation, Schuh Trust, Sir James Scott Memorial Fund, Sir Jules Thorn Charitable Trust, Stanton Ballard Charitable Trust, Staples Trust, Sybil Charitable Trust, Sylvia & Colin Shepherd Charitable Trust, and Wixamtree Trust.

Statutory funding was also received from the Northern & Southern Health Boards (Northern Ireland), and the Department of Health, Social Services and Public Safety (Northern Ireland).

Our thanks to all our amazing Twinline, Parenting Class, Peer Support, Befriending and Consultant volunteers who gave an estimated 1,000 hours of support to families in need. Our thanks also go to Norland College, whose nannies provided our families with free care which we estimate to be worth around £20,000. We also received free venue use from Jersey Finance Ltd equivalent to £1,000. Our sincere thanks to all of these organizations and individuals for their support.

Our members and supporters also proved incredibly generous by taking part in a number of sponsored activities, which in total raised £45,100. Total membership reached an all-time high of 17,168 which is an increase of over 1,853 members on the previous year.

TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees (who are also Directors of TAMBA, Twins and Multiple Births Association, for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charitable Company and of the incoming resources and application of resources, including the income and expenditure, of the Charitable Company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charitable Company's transactions and disclose with reasonable accuracy at any time the financial position of the Charitable Company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 30 JUNE 2016

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the Charitable Company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

PROVISION OF INFORMATION TO AUDITORS

So far as each of the Trustees is aware at the time the report is approved:

- there is no relevant audit information of which the Company's auditors are unaware, and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

This report was approved by the Trustees on 26/11/16 and signed on their behalf by:



.....
Keith Reed, Secretary

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION

We have audited the financial statements of TAMBA, Twins & Multiple Births Association for the year ended 30 June 2016 which comprise the Statement of financial activities incorporating income and expenditure account, the Balance sheet, the Cash flow statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the Charitable Company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the Charitable Company's Trustees, as a body, in accordance with section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and regulation 10 of the Charities Accounts (Scotland) Regulations 2006 (as amended).. Our audit work has been undertaken so that we might state to the Charitable Company's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charitable Company and its members, as a body, for our audit work, for this report, or for the opinion we have formed.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the directors of the Charitable Company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed auditors under the Companies Act 2006 and section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and report to you in accordance with those Acts.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the Company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the Trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees' report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION

OPINION ON FINANCIAL STATEMENTS

In our opinion the financial statements:

- give a true and fair view of the state of the Charitable Company's affairs as at 30 June 2016 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

OPINION ON OTHER MATTER PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion the information given in the Trustees' report, incorporating the Strategic report, for the financial year for which the financial statements are prepared is consistent with the financial statements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters where the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:

- the Company has not kept proper and adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to take advantage of the small companies' exemption from the requirement to prepare a Strategic report.

Turner

Treena Turner FCA (Senior statutory auditor)
for and on behalf of

Wise & Co
Chartered Accountants & Statutory Auditors
Wey Court West
Union Road
Farnham

Surrey
GU9 7PT

Date: *5 December 2016*

Wise & Co are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 30 JUNE 2016**

	Note	Restricted funds 2016 £	Unrestricted funds 2016 £	Total funds 2016 £	Total funds 2015 £
INCOME FROM:					
Donations and legacies	2	86,140	116,020	202,160	131,807
Charitable activities	5	51,058	486,069	537,127	454,623
Other trading activities	3	34,112	63,440	97,552	82,784
Investments	4	89	1,394	1,483	1,357
TOTAL INCOME		<u>171,399</u>	<u>666,923</u>	<u>838,322</u>	<u>670,571</u>
EXPENDITURE ON:					
Raising funds	6	2,284	4,500	6,784	9,993
Charitable activities	7,8,9	251,477	588,494	839,971	656,465
TOTAL EXPENDITURE		<u>253,761</u>	<u>592,994</u>	<u>846,755</u>	<u>666,458</u>
NET INCOME / (EXPENDITURE) BEFORE TRANSFERS					
Transfers between Funds	18	(82,362) 80,806	73,929 (80,806)	(8,433) -	4,113 -
NET INCOME / (EXPENDITURE)		<u>(1,556)</u>	<u>(6,877)</u>	<u>(8,433)</u>	<u>4,113</u>
RECONCILIATION OF FUNDS:					
Total funds brought forward		<u>59,815</u>	<u>256,294</u>	<u>316,109</u>	<u>311,996</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>58,259</u></u>	<u><u>249,417</u></u>	<u><u>307,676</u></u>	<u><u>316,109</u></u>

All activities relate to continuing operations.

The notes on pages 21 to 38 form part of these financial statements.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)
REGISTERED NUMBER: 03688825

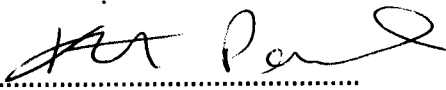
BALANCE SHEET
AS AT 30 JUNE 2016

	Note	£	2016 £	£	2015 £
FIXED ASSETS					
Tangible assets	13		5,380		11,677
CURRENT ASSETS					
Debtors	14	64,874		75,920	
Cash at bank and in hand	22	426,008		311,179	
		490,882		387,099	
CREDITORS: amounts falling due within one year	15	(148,709)		(82,667)	
NET CURRENT ASSETS			342,173		304,432
TOTAL ASSETS LESS CURRENT LIABILITIES			347,553		316,109
CREDITORS: amounts falling due after more than one year	17		(39,877)		-
NET ASSETS			307,676		316,109
CHARITY FUNDS					
Restricted funds	18		58,259		59,815
Unrestricted funds	18		249,417		256,294
TOTAL FUNDS			307,676		316,109

The financial statements were approved by the Trustees on 26th November 2016 and signed on their behalf, by:



Julia Davenport, Chair



Krista Pound, Treasurer

The notes on pages 21 to 38 form part of these financial statements.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

CASH FLOW STATEMENT
FOR THE YEAR ENDED 30 JUNE 2016

	Note	2016 £	2015 £
Cash flows from operating activities			
Net cash provided by operating activities	21	<u>116,693</u>	<u>22,432</u>
Cash flows from investing activities:			
Purchase of tangible fixed assets		<u>(1,864)</u>	<u>(3,227)</u>
Net cash used in investing activities		<u>(1,864)</u>	<u>(3,227)</u>
Change in cash and cash equivalents in the year		114,829	19,205
Cash and cash equivalents brought forward		<u>311,179</u>	<u>291,974</u>
Cash and cash equivalents carried forward	22	<u><u>426,008</u></u>	<u><u>311,179</u></u>

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016

1. ACCOUNTING POLICIES

1.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

TAMBA, Twins & Multiple Births Association meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

1.2 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

In preparing these accounts, the Trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required.

The only restatements were to reclassify income from membership subscriptions and grants subject to performance conditions from income from donations and legacies to income from charitable activities.

1.3 TANGIBLE FIXED ASSETS AND DEPRECIATION

Assets costing more than £1,000 are capitalised. Some computer equipment costing less than £1,000 is capitalised.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Computer equipment	-	3 years straight line basis
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1.4 COMPANY STATUS

The Company is a company limited by guarantee. In the event of the Company being wound up, the liability in respect of the guarantee is limited to £1 per member of the Company.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016

1. ACCOUNTING POLICIES (continued)

1.5 FUND ACCOUNTING

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

1.6 INCOME

All income is recognised once the Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the Company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the Company of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of supporters is not recognised. Refer to the Trustees' report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the Company which is the amount the Company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Membership subscription income is recognised upon receipt.

1.7 EXPENDITURE

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs, including depreciation, which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent per activity.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016

1. ACCOUNTING POLICIES (continued)

1.8 GOING CONCERN

The Trustees consider that there are no material uncertainties about the Company's ability to continue as a going concern.

1.9 INTEREST RECEIVABLE

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Company; this is normally upon notification of the interest paid or payable by the Bank.

1.10 GOVERNMENT GRANTS

Grants are credited to the Statement of financial activities incorporating income and expenditure account once the Company has entitlement to the income, any performance conditions attached to the grant have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

1.11 DEBTORS

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.12 CASH AT BANK AND IN HAND

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.13 LIABILITIES AND PROVISIONS

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the Company anticipates it will pay to settle the debt. Provisions are measured at the best estimate of the amounts required to settle the obligation.

1.14 DEFERRED INCOME

Deferred income represents amounts received relating to future periods and is released to incoming resources in the period to which it relates.

1.15 FINANCIAL INSTRUMENTS

The Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016

2. INCOME FROM DONATIONS AND LEGACIES

	Restricted funds 2016 £	Unrestricted funds 2016 £	Total funds 2016 £	<i>Total funds 2015 £</i>
Donations	86,140	116,020	202,160	131,807

In 2015, of the total income from donations and legacies, £81,729 was to unrestricted funds and £50,078 was to restricted funds.

3. OTHER TRADING ACTIVITIES

	Restricted funds 2016 £	Unrestricted funds 2016 £	Total funds 2016 £	<i>Total funds 2015 £</i>
Fundraising, publicity and sales	34,112	47,020	81,132	72,144
Magazine	-	16,420	16,420	10,640
	<u>34,112</u>	<u>63,440</u>	<u>97,552</u>	<u>82,784</u>

In 2015, of the total income from other trading activities, £65,375 was to unrestricted funds and £17,409 was to restricted funds.

4. INVESTMENT INCOME

	Restricted funds 2016 £	Unrestricted funds 2016 £	Total funds 2016 £	<i>Total funds 2015 £</i>
Investment income	89	1,394	1,483	1,357

In 2015, of the total investment income, £1,231 was to unrestricted funds and £126 was to restricted funds.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016

5. INCOME FROM CHARITABLE ACTIVITIES

	Restricted funds 2016 £	Unrestricted funds 2016 £	Total funds 2016 £	<i>Total funds 2015 £</i>
Courses and study days	480	69,203	69,683	63,018
Information to parents and professionals	-	2,536	2,536	3,334
Membership subscriptions	-	414,330	414,330	342,316
Grants	50,578	-	50,578	45,955
	<u>51,058</u>	<u>486,069</u>	<u>537,127</u>	<u>454,623</u>

In 2015, of the total income from charitable activities, £345,650 was to unrestricted funds and £108,973 was to restricted funds.

The Company was in receipt of government grants to fund various projects as detailed below.

GOVERNMENT GRANTS

	2016 £	2015 £
Department of Health	27,144	-
Department of Health, Social Services and Public Safety	13,125	14,000
Northern Health and Social Care Trust	4,558	3,647
Southern Health and Social Care Trust	3,308	3,308
	<u>48,135</u>	<u>20,955</u>
Total	<u>48,135</u>	<u>20,955</u>

Department of Health (England) – the grant is to deliver a three year quality improvement programme aimed at improving care in multiple pregnancies at a range of target units. £77,660 of grant income was received during the period, but £50,516 of this income has been deferred (see Note 15) in line with our income recognition policy.

Department of Health, Social Services and Public Safety (Northern Ireland) – the grant part funds the costs of our regional coordinator who liaises with, supports, and advises health professionals and organisations throughout the region in their delivery of care to multiple birth families.

Northern Health and Social Care Trust (Northern Ireland) – the grant contributes towards the costs of providing support and services to multiple birth families within the trust area.

Southern Health and Social Care Trust (Northern Ireland) – the grant contributes towards the costs of providing support and services to multiple birth families within the trust area.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016

6. FUNDRAISING COSTS

	Restricted funds 2016 £	Unrestricted funds 2016 £	Total funds 2016 £	<i>Total funds 2015 £</i>
Fundraising, publicity and events	2,284	4,500	6,784	9,993

In 2015, of the total fundraising costs, £6,259 was to unrestricted funds and £3,734 was to restricted funds.

7. DIRECT COSTS

	General Funds £	Scotland £	Northern Ireland £	Awards for All England and Wales £	Helping Hands Project £
Service delivery administration costs	55,072	487	3,943	294	1,219
Magazine	39,972	-	-	-	-
Staff costs and other expenses	34,747	20,989	24,806	1,811	60,112
Courses and study days	1,094	3,423	3,439	1,539	66
Consultancy costs	12,096	2,000	980	10,826	30,569
IT costs	8,793	-	-	-	-
Grants payable	-	-	-	-	-
	<u>151,774</u>	<u>26,899</u>	<u>33,168</u>	<u>14,470</u>	<u>91,966</u>

	Bereavem't Support Group £	Clinical Research £	Greenwich & Lewisham £	Twin to Twin Transfusion Syndrome £	Parent Talks £
Service delivery administration costs	128	617	1,215	-	150
Magazine	-	-	-	-	-
Staff costs and other expenses	16,502	6,529	-	475	37,217
Courses and study days	217	295	-	361	47,440
Consultancy costs	125	810	-	21,210	-
IT costs	-	-	-	38	-
Grants payable	-	39,877	-	-	-
	<u>16,972</u>	<u>48,128</u>	<u>1,215</u>	<u>22,084</u>	<u>84,807</u>

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016

7. DIRECT COSTS (continued)

	Maternity Unit Engagem't £	Department of Health IESD £	Total 2016 £	Total 2015 £
Service delivery administration costs	1,151	6,822	71,098	54,102
Magazine	-	-	39,972	38,071
Staff costs and other expenses	12,054	17,587	232,829	162,611
Courses and study days	-	-	57,874	50,335
Consultancy costs	4,490	2,735	85,841	38,030
IT costs	-	-	8,831	7,253
Grants payable	-	-	39,877	-
	<u>17,695</u>	<u>27,144</u>	<u>536,322</u>	<u>350,402</u>

In 2015, of the total direct costs, £132,736 was to unrestricted funds and £217,666 was to restricted funds.

Further breakdown of General Funds

	Support Services £	Other General £	2016 £	2015 £
Service delivery administration costs	7,687	47,385	55,072	37,387
Magazine	-	39,972	39,972	38,071
Staff costs and other expenses	34,747	-	34,747	34,823
Courses and study days	1,094	-	1,094	1,354
Consultancy costs	3,432	8,664	12,096	14,074
IT costs	-	8,793	8,793	7,027
Total	<u>46,960</u>	<u>104,814</u>	<u>151,774</u>	<u>132,736</u>

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016

8. SUPPORT COSTS

	General and Total 2016 £	<i>Total 2015 £</i>
Staff costs	232,435	213,752
Office costs	34,719	50,407
Conferences and exhibitions	1,771	2,097
Professional fees	1,714	7,116
Finance costs	5,657	4,060
Insurance	2,366	2,297
Other costs	10,757	7,862
Depreciation	8,161	8,624
	297,580	<i>296,215</i>

In 2015, of the total support costs, £296,215 was to unrestricted funds and £nil was to restricted funds.

An element of support costs have already been allocated within direct costs to funds to represent staff and other costs. The remaining costs are all believed to be attributable to the general fund.

9. GOVERNANCE COSTS

	Restricted funds 2016 £	Unrestricted funds 2016 £	Total funds 2016 £	<i>Total funds 2015 £</i>
Auditors' remuneration	-	5,225	5,225	4,995
AGM costs	-	-	-	4,175
Trustee expenses	-	844	844	678
	-	6,069	6,069	<i>9,848</i>

In 2015, of the total governance costs, £9,848 was to unrestricted funds and £nil was to restricted funds.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016

10. ANALYSIS OF RESOURCES EXPENDED BY ACTIVITIES

	Fundraising Costs 2016 (Note 6) £	Direct Costs 2016 (Note 7) £	Support Costs 2016 (Note 8) £	Governance Costs 2016 (Note 9) £	2016 £	2015 £
Unrestricted Funds						
Support Services	-	46,960	-	-	46,960	45,594
Helping Hands Project	-	30,569	-	-	30,569	-
Maternity Unit Engagement	-	17,695	-	-	17,695	-
Parent Talks	-	84,807	-	-	84,807	-
Other activities including membership services	4,500	104,814	297,580	6,069	412,963	399,464
	<u>4,500</u>	<u>284,845</u>	<u>297,580</u>	<u>6,069</u>	<u>592,994</u>	<u>445,058</u>
Restricted funds						
Scotland	-	26,899	-	-	26,899	20,709
Northern Ireland	-	33,168	-	-	33,168	36,269
Awards for All England and Wales	-	14,470	-	-	14,470	2,973
Helping Hands Project	-	61,397	-	-	61,397	44,796
Bereavement Support Group	207	16,972	-	-	17,179	20,146
Clinical Research	666	48,128	-	-	48,794	407
Co-Bedding Project	-	-	-	-	-	2,975
Greenwich & Lewisham	-	1,215	-	-	1,215	1,620
Twin to Twin Transfusion Syndrome	1,411	22,084	-	-	23,495	15,756
Parent Talks	-	-	-	-	-	75,749
Department of Health IESD	-	27,144	-	-	27,144	-
	<u>2,284</u>	<u>251,477</u>	<u>-</u>	<u>-</u>	<u>253,761</u>	<u>221,400</u>
Total	<u><u>6,784</u></u>	<u><u>536,322</u></u>	<u><u>297,580</u></u>	<u><u>6,069</u></u>	<u><u>846,755</u></u>	<u><u>666,458</u></u>

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016

11. NET INCOMING RESOURCES/(RESOURCES EXPENDED)

This is stated after charging:

	2016	2015
	£	£
Depreciation of tangible fixed assets:		
- owned by the charity	8,161	8,624
Auditors' remuneration - audit	5,225	4,995
	13,386	13,619

During the year, no Trustees received any remuneration (2015 - £NIL).

During the year, no Trustees received any benefits in kind (2015 - £NIL).

During the year 5 Trustees received reimbursement of expenses amounting to £844 (2015 - 3 Trustees £678).

During the year insurance costs were paid of £2,366 (2015 - £2,297). An element of this cost relates to Trustee indemnity insurance.

12. STAFF COSTS

	2016	2015
	£	£
Salaries and wages	358,311	307,957
Social security costs	27,379	23,764
Total	385,690	331,721

One employee received remuneration of £60,000 or greater (2015 - one employee).

The average monthly number of employees during the year was 20.2 (2015 - 17.3).

The average monthly number of full-time equivalent employees during the year was 12.8 (2015 - 11.1).

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FOR THE YEAR ENDED 30 JUNE 2016

13. TANGIBLE FIXED ASSETS

	Computer Equipment £
COST	
At 1 July 2015	45,137
Additions	1,864
At 30 June 2016	47,001
DEPRECIATION	
At 1 July 2015	33,460
Charge for the year	8,161
At 30 June 2016	41,621
NET BOOK VALUE	
At 30 June 2016	5,380
At 30 June 2015	11,677

14. DEBTORS

	2016 £	2015 £
Trade debtors	7,476	25,272
Other debtors	34,118	31,798
Prepayments and accrued income	23,280	18,850
	64,874	75,920

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2016 £	2015 £
Trade creditors	57,503	58,872
Other taxation and social security	6,850	6,334
Accruals and deferred income	84,356	17,461
	148,709	82,667

Deferred income comprises advertising income received in advance of publication, course fees received in advance and donations received in advance of the specified purposes they are to provide. An analysis of the movement on deferred income is shown below.

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NOTES TO THE FINANCIAL STATEMENTS
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DEFERRED INCOME

	Advertising Income £	Course Fees £	Awards for All £	Department of Health IESD Fund £	Total £
Deferred income at 1 July 2015	225	7,067	-	-	7,292
Income received during the year	21,913	69,683	18,800	77,660	188,056
Amounts released during the year	(19,668)	(68,694)	(2,443)	(27,144)	(117,949)
Total	2,470	8,056	16,357	50,516	77,399

16. RELATED PARTY TRANSACTIONS

Key management personnel were considered to be various senior staff and their remuneration for the year was £163,925 (2015 - £157,537).

There have been no related party transactions in the current or prior year requiring disclosure other than the Trustees' expenses reimbursed disclosed in note 11.

**17. CREDITORS:
AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

	2016 £	2015 £
Grants committed	39,877	-

The movement in grants committed during the year is as follows:

	£
Grants committed at the beginning of the year	-
Additions	39,877
Amounts claimed	-
Amounts reversed	-
Grants committed at the end of the year	39,877

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TAMBA has committed to make research grants to the following individuals:

Dr Katie Morris Senior Lecturer Maternal Fetal Medicine & Professor Mark Kilby, Professor of Fetal Medicine, both from the Centre for Women's and Newborn's Health, Institute of Metabolism and Systems Research, University of Birmingham & Professor Marian Knight, NIHR Professor of Maternal and Child Population Health, NPEU, University of Oxford.

£20,000 (split 50:50 TAMBA:BMFMS)

A prospective observational study using UKOSS of cases of single twin demise (SIUFD) (>14 weeks) in MC twin pregnancies in the UK, including adverse maternal, fetal and perinatal consequences and prognostic factors.

Dr Asma Khalil, Consultant in Fetal Medicine and Obstetrics, Fetal Medicine Unit, St George's University of London.

£19,809 (split 50:50 TAMBA:BMFMS)

A case-control study of neurodevelopmental outcome in twin pregnancies with complications, including twin-to-twin transfusion syndrome, single intrauterine death, selective intrauterine growth restriction, twin reversed arterial perfusion sequence and twin anaemia polycythemia sequence.

Dr Therese Hannon, Consultant in Fetal Medicine and Obstetrics, Department of Fetal Medicine, Newcastle upon Tyne NHS Foundation Trust.

£19,972 – this bursary is fully funded by TAMBA

A retrospective study to determine the prevalence of MCMA twin and triplet (any chorionicity) pregnancies using population-based NorSTAMP and STORK data for 2000-2013, and to compare birth outcomes and clinical management of these pregnancies across the NE and with those from the STORK multiple pregnancy cohort and also before and after the publication of the NICE guidelines.

The grant recipients have 2 years to complete the research and the grant is payable when the research is complete.

TAMBA has considered the effect of discounting the grants committed and determined that the effect is not material.

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NOTES TO THE FINANCIAL STATEMENTS
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18. STATEMENT OF FUNDS

	Brought Forward £	Income £	Expenditure £	Transfers in/out £	Carried Forward £
DESIGNATED FUNDS					
Helping Hands Project	60,000	-	(30,569)	22,305	51,736
Maternity Unit Engagement	40,000	-	(17,695)	(22,305)	-
Parent Talks	-	70,059	(84,807)	14,748	-
	<u>100,000</u>	<u>70,059</u>	<u>(133,071)</u>	<u>14,748</u>	<u>51,736</u>
GENERAL FUNDS					
Support Services	-	2,073	(46,960)	44,887	-
Other General Funds	156,294	594,791	(412,963)	(140,441)	197,681
	<u>156,294</u>	<u>596,864</u>	<u>(459,923)</u>	<u>(95,554)</u>	<u>197,681</u>
Total Unrestricted funds	<u>256,294</u>	<u>666,923</u>	<u>(592,994)</u>	<u>(80,806)</u>	<u>249,417</u>
RESTRICTED FUNDS					
Scotland	7,469	510	(26,899)	18,920	-
Northern Ireland	-	21,035	(33,168)	12,133	-
Awards for All England and Wales	12,027	2,443	(14,470)	-	-
Helping Hands Project	-	23,095	(61,397)	38,302	-
Bereavement Support Group	-	5,728	(17,179)	11,451	-
Clinical Research	24,001	30,039	(48,794)	-	5,246
Greenwich & Lewisham	-	1,215	(1,215)	-	-
Twin to Twin Transfusion Syndrome	16,318	60,190	(23,495)	-	53,013
Department of Health IESD: Embedding best practice in maternity care for multiple pregnancies	-	27,144	(27,144)	-	-
	<u>59,815</u>	<u>171,399</u>	<u>(253,761)</u>	<u>80,806</u>	<u>58,259</u>
Total of funds	<u><u>316,109</u></u>	<u><u>838,322</u></u>	<u><u>(846,755)</u></u>	<u><u>-</u></u>	<u><u>307,676</u></u>

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NOTES TO THE FINANCIAL STATEMENTS
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18. STATEMENT OF FUNDS (continued)

Unrestricted (includes designated funds)

Support Services

To provide services to multiple birth families to help them meet the challenges they may face.

Maternity Unit Engagement

To run a mailing list and provide updates to maternity units across England to encourage them to adopt good clinical practices.

Helping Hands Project

To provide practical help in the home or equipment to families in dire need.

Parent Talks

To provide classes, talks and seminars to help and support families to meet the unique challenges of raising multiple birth children.

Restricted

Scotland

To work individually and with other agencies to identify the needs of families in Scotland and to help them by providing support, services and advice.

Northern Ireland

To work individually and with other agencies to identify the needs of families in Northern Ireland and to help them by providing support, services and advice.

Awards for All England and Wales

To provide new resources to families and professionals in these two countries to help them meet the challenges they may face.

Helping Hands Project

To provide practical help in the home or equipment to families in dire need.

Bereavement Support Group (BSG)

To provide support to families who have lost one or more babies as a result of a multiple pregnancy.

Clinical Research

To undertake medical research to reduce the number of still births and premature births as a result of a multiple pregnancy.

Greenwich & Lewisham

To provide support to the local Greenwich and Lewisham group which runs a network of meetings and events for multiple birth families in and around the club immediate area.

Twin to Twin Transfusion Syndrome (TTTS) Fund

To enable the delivery of work that raises awareness of TTTS and provides additional support to these expectant parents and researches how to reduce the risks they experience in pregnancy.

Department of Health IESD Fund: Embedding best practice in maternity care for multiple pregnancies

This is a three year quality improvement programme aimed at improving care in multiple pregnancies at 37 target maternity units.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016**

18. STATEMENT OF FUNDS (continued)

Trustees regularly review the financial position of our regional funds and have over successive years agreed to meet any shortfall from unrestricted funds. This is reflected in the transfers between funds noted in these accounts.

During the year the Trustees have designated funds to assist in specific projects and these have been transferred from general funds.

SUMMARY OF FUNDS

	Brought Forward £	Income £	Expenditure £	Transfers in/out £	Carried Forward £
Designated funds	100,000	70,059	(133,071)	14,748	51,736
General funds	156,294	596,864	(459,923)	(95,554)	197,681
	<u>256,294</u>	<u>666,923</u>	<u>(592,994)</u>	<u>(80,806)</u>	<u>249,417</u>
Restricted funds	59,815	171,399	(253,761)	80,806	58,259
	<u>316,109</u>	<u>838,322</u>	<u>(846,755)</u>	<u>-</u>	<u>307,676</u>

19. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted funds 2016 £	Unrestricted funds 2016 £	Total funds 2016 £	Total funds 2015 £
Tangible fixed assets	-	5,380	5,380	11,677
Current assets	173,639	317,243	490,882	387,099
Creditors due within one year	(75,503)	(73,206)	(148,709)	(82,667)
Creditors due in more than one year	(39,877)	-	(39,877)	-
	<u>58,259</u>	<u>249,417</u>	<u>307,676</u>	<u>316,109</u>

20. CAPITAL COMMITMENTS

At 30 June 2016 the Company had no capital commitments (2015 - £nil).

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2016**

**21. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW
FROM OPERATING ACTIVITIES**

	2016 £	2015 £
Net (expenditure)/income for the year (as per Statement of financial activities)	(8,433)	4,113
Adjustment for:		
Depreciation charges	8,161	8,624
Decrease/(increase) in debtors	11,046	(20,673)
Increase in creditors	66,042	30,368
Increase in grant commitments	39,877	-
	116,693	22,432
Net cash provided by operating activities	116,693	22,432

22. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2016 £	2015 £
Cash at bank and in hand	426,008	311,179
Total	426,008	311,179

23. OPERATING LEASE COMMITMENTS

At 30 June 2016 the total of the Charity's future minimum lease payments under non-cancellable operating leases was:

	2016 £	2015 £
AMOUNTS PAYABLE ON OTHER OPERATING LEASES:		
Within 1 year	2,860	2,860
Between 1 and 5 years	3,575	6,434
Total	6,435	9,294
AMOUNTS PAYABLE ON LAND AND BUILDINGS:		
Within 1 year	17,300	17,897
Between 1 and 5 years	4,150	20,750
Total	21,450	38,647

24. TAXATION

The Charitable Company is exempt from corporation tax on its charitable activities.

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25. GIFTS IN KIND

During the year the Charity received donations in kind of £20,620 (2015 - £6,980) in respect of Nannies costs from Norland Nannies, £1,000 (2015 - £nil) in respect of office space provided by Jersey Finance Limited and £400 (2015 - £nil) in respect of legal advice provided by Boyes Turner.

26. LEGAL STATUS

The Company is a charitable company, incorporated in England, Wales and Scotland.

Its registered office is The Manor House, Manor Park, Church Hill, Aldershot, Hampshire, GU12 4JU.

27. FIRST TIME ADOPTION OF FRS 102

It is the first year that the Company has presented its financial statements under SORP 2015 and FRS 102. The following disclosures are required in the year of transition. The last financial statements prepared under previous UK GAAP were for the year ended 30 June 2015 and the date of transition to FRS 102 and SORP 2015 was therefore 1 July 2014. As a consequence of adopting FRS 102 and SORP 2015, some accounting policies have changed to comply with those standards.

Income from membership subscriptions and grants subject to performance conditions have been reclassified from income from donations and legacies to income from charitable activities.